# COURSE-X (1.4.10)

# **CREATING AN INCLUSIVE SCHOOL**

*Q. Write an essay within 1000 words on possible ways/methods of overcoming social and psychological barriers to inclusive education with a separate small para (within an essay) on doing this under present COVID-19 situation.* 

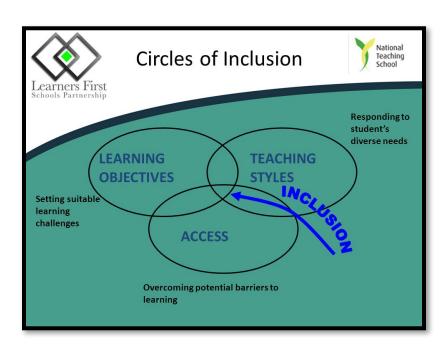
### Ans.

# **Introduction**:

**Inclusive education** is when all students, regardless of any challenges they may have, are placed in age-appropriate general education classes that are in their own neighbourhood schools to receive high-quality instruction, interventions, and supports that enable them to meet success in the core curriculum.

### **Objectives of Inclusive Education**:

- 1. To fulfil the constitutional responsibilities.
- 2. Development of social consciousness.
- 3. Identification of skills.
- 4. Education for all.
- 5. Protection of rights.
- 6. Development of brotherhood.
- 7. To improve quality of education.



# **BARRIERS TO INCLUSIVE EDUCATION FOR STUDENTS:**

## 1. Attitudinal barriers

- Not prepared to interact with people with disabilities.
- Physical and emotional bullying.

## 2. Physical Barriers

Lack of proper infrastructure facilities.

#### 3. Inappropriate curriculum:

➤ Rigid curriculum

#### 4. Untrained Teachers:

- Lack of in-service and preservice training.
- Lack of teacher's competency
- > Negative attitudes.
- ➤ Lack of technical ability.

### 5. Inadequate Funding:

### 6. Poor Organization of the Education System.

7. Policies as Barriers:

#COVID19 and disability People with disability are at a greater risk of contracting coronavirus because of:



Physical barriers to access hygiene facilities



Need to touch things



Difficulty in enacting social distancing



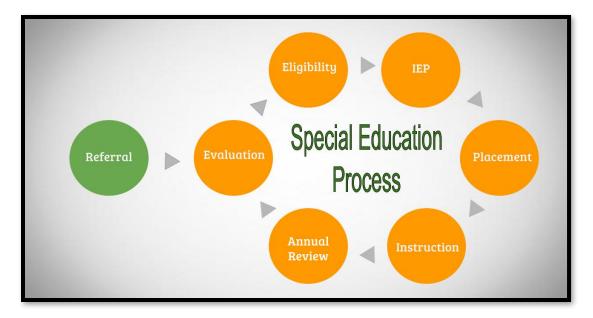
Difficulty accessing information

World Health Organization #coronavirus



# POSSIBLE WAYS/ METHODS OF OVERCOMING SOCIAL AND PSYCHOLOGICAL BARRIERS IN INCLUSIVE EDUCATION:

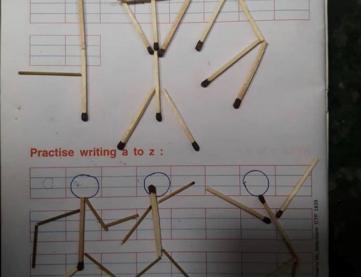
- Classroom teachers must be properly trained and believe that the students with disabilities can succeed: The teacher should be well equipped with proper training during their in-service or pre-service training.the teacher should also possess a strong and positive attitude about the success of the students.
- **The teacher must be committed to collaborative practice in education**: the teacher should always be committed to perform and assign the task among the students by collaboration.so that no students could feel discriminated on the ground of disability and gender.



- Policies and procedures must be in a place to monitor the student's progress and testing: There should always be a proper structure to follow up the progression and regression of the students. This further helps in evaluation. This can be done by conducting various types of exams. Teacher's activities are also monitored by the head of the institution.
- **To inculcate positive attitudes among the students and the teachers:** The teacher should have positive attitudes in teaching all types of students. They should be enough confident to teach them effectively. The students should not feel shy, anxious, nervous .they should come in to the classroom with desire to learn new in every class.
- **To develop sense of cooperation:**Without cooperation, teaching could not be completed.Cooperation of both gifted and special children, teachers and students.
- **By recognizing and encourage to succeed In hidden talent**: If a student is talented in some field, a teacher should always encourage them.
- **By developing self-confidence:**Encouraging self-confidence among students helps them to achieve their goals and they will perform it dedicatedly and excel in that particular field.
- **Mainstreaming the students in right path:** A teacher should always help the students to go in a right path and for that proper evaluation is being done

and teacher also impart education by using latest teaching-learning aids to upgrade them with time.

- **To encourage co-operative learning and peer tutoring:** Different teaching strategies are used by the teacher like co-operative learning and peer tutoring to help the students to achieve their goal with co-operation. Unless and until they will co-operate, learning cannot become effective.
- **Enable accessibility to e-textbook, e-library,etc.:**sometimes, a student is not able to come in schools, at that proper learning is being done through e-textbook, e-library is being done.
- **By developing flexibility in curriculum:**The curriculum should not be rigid. It should be changing all the time with the changing environment.A taeacher and student should be always upgraded with the changing situation.It should be flexible.
- By taking care of special children with care:Children should be handled with care by the teacher.students are like flowers.Its flourishment depend on its nurturance.
- Providing provision of required resources: A required resources are needed to carry on the teaching – learning process effectively.
- Weekly maintaining of IEPs: IEPs are performed to know the detailed problem of students and



depending on it, educators make decision on its management by thinking about the solutions and based on it, progress reports analysed weekly and decisions are taken accordingly.

**Watching of education related programs which will make them attentive and helps them to kill boredom and they will enjoy learning.** 

- **4** Perform meditation and yogas.
- **Collaboration with families:** Parent sensitization are very important.
- <u> Guidance and counselling</u>.
- **4** Separate play time.



These are some of the possible ways to overcome social and psychological issues.

# METHODS OPT TO OVERCOME SOCIAL AND PSYCHOLOGICAL ISSUES TO INCLUSIVE EDUCATION DURING COVID-19 SITUATION:

The present day situation is totally different from the usual ones. The whole world is aware of the situation from which they are going through. The countries are going through a tragic period where the whole world is in lockdown. All educational institutions, public places are closed to stop spreading of disease because of its contagiousness.

Th students of schools which imparts inclusive education are highly vulnerable to this disease because those who are special children need assistance to perform the task which causes exposure to the disease.After lockdown, students are getting education at home through video conferencing, e-learning, well equipped resources are provided by the institution, etc. A teacher should be humble, handle them with care, positive attitude ,dedication towards work to provide sound education to all for effective learning.Healthcare buildings must be physically accessible to persons with mobility, sensory and cognitive impairments during this time.Proper IEPs are done by the educators during this situation which enable them to complete their learning in time and maintain time to time report to evaluate their performance.In case of no improvement, special techniques are being taken to achieve the goal and encourage them in learning.Well equipped resources, effective teaching strategies, positive attitude, stress management, continuous motivation and encouragement by the teachers and sensitization of parents are important to impart good and effective education to the students.Education is the backbone of the economy.It must go on with dedication and proper infrastructure.

## **CONCLUSION**:

Inclusive education responding to special needs will thus have positive returns for all pupils.All children and young people of the world with their individual, strength, and weakness, with their hopes and expectation, have the right to education.It is not our education system that have a right to certain type of education.It is a school that must be adjusted to the students.